COVID-19 FAQ's for Travelers



General Questions

1) Do I have to wear a mask?

All passengers on public conveyances (e.g., airplanes, ships, ferries, trains, subways, buses, taxis, ride-shares) traveling into, within, or out of the United States (including U.S. territories) as well as conveyance operators, regardless of their vaccination status, are required to wear a mask. In addition, it is strongly recommended that individuals wear masks in indoor settings when there is increased risk. Examples of such situations include:

- Crowded indoor settings
- Indoor settings involving activities with close contact with others who may not be fully vaccinated
- Indoor settings where the vaccine status of other individuals in the setting is unknown
- Where an individual is immunocompromised or at increased risk for severe disease

2) How can I locate the nearest COVID-19 testing site?

Information for locating testing sites can be found at https://covid19.nj.gov/pages/testing.

3) How can I locate the nearest COVID-19 vaccination site?

Information for locating vaccination sites can be found at https://covid19.nj.gov/pages/vaccine.

4) What are the symptoms of COVID-19?

Symptoms of COVID-19 include fever or chills, cough, difficulty breathing, tiredness, muscle or body aches, headache, a new loss of taste or smell, sore throat, stuffy or runny nose, nausea or vomiting, and diarrhea.

5) What should I do to protect myself while I wait for my COVID-19 test results?

- Wash hands often with soap and water for at least 20 seconds. Clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Monitor yourself for symptoms.
- Avoid close contact with other people, practice physical distancing from those living in your home.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean all "high-touch" surfaces every day. High-touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and remote controls.

6) What should I do if I get sick after travel?

- Regardless of your vaccination status, if you get sick with fever, cough, or other symptoms of COVID-19, or test positive, you should isolate if you are sick. Stay home and take other precautions. Avoid contact with others until it's safe for you to end home isolation.
- If you live in close quarters with others, take precautions to protect them.
- Do not travel when you are sick.
- Although most people are able to recover at home without medical care, seek medical care if needed. If you have an emergency warning sign, such as trouble breathing, seek emergency medical care immediately.
- If you need medical care and don't have a healthcare provider in New Jersey, free COVID-19 testing and treatment is available at Community Health Centers, also known as Federally Qualified Health Centers (FQHCs), to all people whether you have health insurance or not and regardless of your immigration status. You can find an FQHC near you through 211 online, or by directly calling 2-1-1, support is available in English and Spanish.

7) My test results were positive for COVID-19. What should I do?

If you tested positive, you must stay at home and self-isolate. This means stay in a different bedroom from others in your home, and if possible, use a separate bathroom. If you have symptoms, isolate at least 10 days from the time symptoms started AND at least 1 full day (24 hours) have passed since you had a fever without the use of fever-reducing medications AND other symptoms are improved.

- If you had no symptoms and tested COVID-19 positive, you should stay home for 10 days after you were tested (beginning the day the test specimen was collected)
- If you live with other people and they were not tested, they should keep their distance from you. This includes not eating meals together and not sitting around the house together. Practice social distancing as much as is possible (stay at least 6 feet from each other). Those who live in the house should consider getting tested for COVID-19.

8) I am fully vaccinated and tested positive. Do I need to isolate?

- Yes, if you tested positive you still need to isolate for 10 days. This may be because no vaccine is 100% effective and you could have been exposed to a variant strain. Being vaccinated means that you may not become severely ill or need to be hospitalized. But if you are positive, you may still pass the virus to others. Wear a mask and socially distance from others, especially those who are not vaccinated.
- Monitor yourself for symptoms. If you develop symptoms, contact your healthcare provider.

9) I recovered from a recent COVID-19 infection; do I need to get tested?

If you recovered from a documented COVID-19 infection within the last 3 months, you do NOT need to get tested 3-5 days after travel unless you are symptomatic.

10) What requirements have to be met to be considered fully vaccinated?

You are considered fully vaccinated 2 weeks after the 2nd dose in a 2-dose series or 2 weeks after a single-dose from an FDA-authorized vaccine or a vaccine authorized for emergency use by the World Health Organization. If you have a condition or are taking medication that weakens your immune system, you may NOT be fully protected even if you are fully vaccinated. Talk to your healthcare provider. Even after vaccination, you may need to continue taking precautions.

Domestic Travel

1) Am I required to quarantine after domestic travel?

People who are fully vaccinated with an FDA-authorized vaccine or a vaccine authorized for emergency use by the World Health Organization can travel safely within the United States. While it is not mandatory, unvaccinated travelers are recommended to undergo self-quarantine after travel for 7 days with a negative test or 10 days if they do not get tested.

International Travel

1) I am unvaccinated. What should I do before I travel?

Get tested with a PCR or antigen test 1-3 days before traveling.

2) I am unvaccinated. What should I do after returning from international travel?

Unvaccinated travelers should stay home and quarantine for 7 days after travel AND get tested between days 3-5. If you do not get tested, you should stay home and quarantine for 10 days. Unvaccinated travelers should also avoid contact with those who are at risk for severe COVID-19 illness for 14 days (older adults, persons with underlying medical conditions), regardless of testing.

3) I am fully vaccinated. What should I do after returning from international travel?

Fully vaccinated travelers do not need to quarantine but should get tested between days 3-5 after travel and get tested if COVID-19 symptoms develop.

Cruise Travel

1) I am unvaccinated, should I still go on a cruise?

The CDC and New Jersey Department of Health recommend that those who are not fully vaccinated avoid travel on cruise ships, including river cruises, worldwide. That's because the chance of getting COVID-19 on cruise ships is high since the virus appears to spread more easily between people in close quarters aboard ships. It is especially important for people with an increased risk of severe illness to avoid travel on cruise ships, including river cruises.

2) I am unvaccinated, what should I do once returning from my cruise?

Unvaccinated travelers should stay home and quarantine for 7 days after returning from their cruise AND get tested between days 3-5. If you do not get tested, you should stay home and quarantine for 10 days. Unvaccinated travelers should also avoid contact with those who are at risk for severe COVID-19 illness for 14 days (older adults, persons with underlying medical conditions), regardless of testing.

3) I am fully vaccinated, what should I do once returning from my cruise?

Fully vaccinated travelers do not need to quarantine after the cruise but should get tested between days 3-5 after travel and get tested if COVID-19 symptoms develop.

4) I am not feeling well, should I still go on my cruise?

No, you should not travel if you are not feeling well. You should stay home and avoid contact with others.

5) How do I check the travel recommendations for my various cruise destinations?

Click <u>here</u> to check the current travel recommendations for any destination.

